

8-Week Grief Group Adult Parent Loss

"When you are sorrowful, look again in your heart, you shall see that in truth you are weeping for that which has been your delight." ~Kahlil Gibran

An 8-week structured group for anyone who has experienced a loss of a parent.

This 8 week structured workshop is designed to assist you in identifying and working with the components and blocks to your grief, so that you can move through the complex feelings and reactions that are part of this very painful but normal human process.

- Dates:** Mondays, January 28th-March 18th, 2019
- Time:** 4:00-6:00 pm
- Location:** Atonement Lutheran Church,
685 Inca Pkwy, Boulder
- Registration:** Contact Halcyon Grief Support at 720-325-2987 or griefsupport@myhalcyon.org

Registration is required.

This group is recommended for those who are at least 6 month out from their loss.

